

WEEKLY NEWSLETTER



Vision, Mission and Values

Belvedere British School to provide an excellent teaching and learning environment where students achieve more due to the high standards expected from our educational philosophy. Ultimately we aim to prepare students for life, based on our values of Tolerance, Respect, and Responsibility.

We provide a holistic education and inspire lifelong learning. Our students are motivated to apply themselves so they achieve their full potential in all aspects of school life. We encourage high and realistic expectations, so our students have aspirations that take them beyond school to their own futures, in the UAE and internationally.

#advitamparamus

☎ 02-5090000

#preparationforlife

🌐 belvederebritishschool.ae



Mr. Robert Thorn

School Principal | Belvedere British School

Trust and Learning

Several years ago, I read about **learning organisations** and **learning communities**. A learning organisation is made up of smaller learning communities – like a school is made up of sections, year levels and classes. It was said that trust is at the heart of these. If you don't have trust in your organisation/community then you don't have a good foundation upon which to build everything else you need.

So, when I work in or visit schools, I look out for signs of trust. When we are leaders – of schools, sections, classes, families or of children, we need to go further and look for ways to **raise the levels of trust** between the people we are caring for. Each of us is a leader – of others or of ourselves and so it is all our responsibility.

How do you raise levels of trust? They say, 'to gain trust, you need to show trust'. Of course, we have to also meet the expectations we give ourselves and that others have of us – bridging the difference between these can be challenging – however with effective communication and collaboration we can do it.

Parents show trust in schools and schools need to help parents gain trust by meeting the expectations of a good school.

Why am I writing this? Well, the **first** reason is to have each of us reflect on what part we play in raising levels of trust between those we are in contact with in the school community.

The second is because I have seen some instances where some issues could have been easily solved and some improvements easily made by our learners communicating directly with their teachers, the Key Stage Leaders, the support staff, the principals etc. Instead, I noticed that several young people have not been confident to do that and have asked their parents to come and do it for them. Of course, that's fine – I like meeting with parents and working things out with them, however, for me it raises the question of:

Cont.....



Mr. Robert Thorn

School Principal | Belvedere British School

'Why didn't they ask or talk to their teacher?'

Are they afraid to ask? Are the teachers not listening to them? Are the learners not confident enough? Do they perhaps think that adults won't take them seriously? Are teachers too busy to listen?

I am not saying that any of these are the reason, but it is something we have to reflect on. Teachers and learners should have good relationships and be partners in not only learning but in growing and improving. Let's reflect on that.

*The **third** point is whether parents trust the school. A few messages have come across my desk where a parent is asking us to consider a change but have then added that they will speak to ADEK if we don't respond. **We are a school with a great team of people whose roles are designed to listen to the concerns of parents and of students and staff.** I apologise to any of you who have, in previous schools or previous years had an experience of not being listened to as parents or students or staff but I hope, from now on, you will be heard and that you can trust us to respond, solve, resolve or take care of any concerns, suggestions or questions you have.*

*The next **two attributes** of a learning organisation are **effective communication** and **collaboration**. When we have these as our aims and trust as your base, we can go far as a community together.*

This week I would like to thank all parents who have supported us through their positivity and their constructive feedback, questions and concerns – it all helps either to resolve misunderstandings or to make improvements.

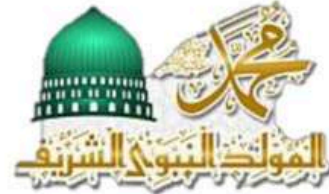
I would also like to thank all staff for doing their best in balancing their roles, sharing their insights and concerns and for all their energy and drive.

Mr. Robert Thorn
School Principal

ARABIC DEPARTMENT



Islamic Department



Our students celebrated Mawlid al Nabi during morning assembly, which is generally celebrated by Muslims on the 12th of Rabi' al Awwal, the third month of the Islamic Hijri year.



ARABIC DEPARTMENT



Islamic Department



كانت ولادة الرسول محمد -صلى الله عليه وسلم- بمثابة نور أضاء الكون وأخرج البشرية من الظلمات إلى النور. إن ميلاد النبي -صلى الله عليه وسلم- في 12 ربيع الأول هو أعظم حدث، فقد كان نموذجاً للبشرية وقدوة حسنة للجميع. النبي محمد -صلى الله عليه وسلم- هو القدوة المثالية، تجسيداً للمعاني الإنسانية السامية والرحمة. وتكريماً لحبيبنا ونبينا محمد صلى الله عليه وسلم، قام طلابنا الأعزاء في إحياء هذه الذكرى بتنفيذ العديد من الأنشطة المتنوعة وكل عام والأمة الإسلامية بالف خير.

The Prophet Muhammad's birth PBUH was like a sign of light that enlightened the universe and led humanity out of darkness. The birth of the Prophet PBUH on the 12th of Rabi' al-Awwal is the most significant occasion. It was a model for humanity and a positive role model for everyone. In honor of our beloved Prophet Muhammad PBUH our students participated in a variety of events to commemorate this occasion.



PRIMARY DEPARTMENT



****Get Involved****

The Student Council in Key Stage 2 is a special group where students work together to make their school a better place.

Members of the council are chosen by their classmates and teachers. They take on important roles, like sharing ideas and helping to solve problems. They might organise fun events, suggest new rules, or help with school projects.

Being part of the Student Council helps students learn about leadership, teamwork, and how to make a positive difference in their school community.

If you would like to get involved fill out the form on your Google classroom and return it to Mr. Jason hop@belvederebritishschool.com or Ms. Clair - c.godley@belvederebritishschool.com alternatively please print off the form and fill it out.

Key Stage 2



Student Council

If you would like to compete to be on this year's Key Stage 2 student council, please fill out one of the forms shared on your Google classroom and return it to Mr. Jason or Ms. Clair.

Deadline - 16/09/2024
Late entries will not be accepted

Finalists will be shortlisted for a students vote.





Welcome

BACK TO SCHOOL



A warm welcome back to all our Year 1 and 2 students in Key Stage 1! We are so excited to kick off another school year, and it's been wonderful to see familiar faces again while also welcoming new students to our school community. Already, we have enjoyed getting to know one another in class and building a strong sense of teamwork. The children have settled in beautifully and are starting to form friendships and bonds that will grow throughout the year.



Ms. Ciara, our Head of Year 1, and Ms. Dzesika, our Head of Year 2, are here to support you, so please feel free to reach out with any questions or concerns. We are committed to making sure that both students and parents have a positive and enriching experience throughout the year.



We have a fun-filled and educational year planned, full of exciting lessons, activities, and events. We are looking forward to watching the children learn, grow, and thrive in a supportive environment.

Let's work together to make this year an amazing one for all!



Key Stage 2

Meeting the Principal



Students of Key Stage 2 were very excited to meet the Principal Mr. Robert during their weekly assembly. Mr. Robert spoke about the importance of the students voice and getting involved within the school community.

ART DEPARTMENT

Get Skilled Through Art

Students across all year groups have been exploring their creativity in the art department, with projects ranging from mastering perspective to expressive painting techniques, fostering both imagination and skill development.



SECONDARY DEPARTMENT



KS3 Celebrates International Literacy Day and Clubs!

Last Friday, KS3 embarked on an exciting journey into the world of words as we celebrated International Literacy Day! Our students immersed themselves in captivating stories, played word games, and explored new books that sparked their imaginations and broadened their horizons.

But the excitement didn't stop there! Following the literary fun, our school clubs kicked off with great enthusiasm. From solving challenges in the Puzzle Club, showcasing creativity in the Origami Club, sharpening strategies in the Chess Club, to enjoying friendly competition in the Board Games Club, there was something for everyone! We witnessed creative minds at work, new friendships blossoming, and plenty of laughs shared.

A huge thank you to everyone who participated—let's keep this energy going as we continue our adventures in learning and creativity!



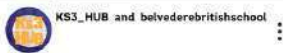
📖📚 BBS celebrated International Literacy Day! 📖 Keep reading, keep dreaming, and remember every page turned is a step to a brighter future! 📖 #InternationalLiteracyDay #ReadingRocks #BBSLearners



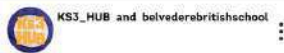
🧠🎲 KS3 had a blast at Puzzle Club today! Minds were challenged, puzzles were cracked, and lots of fun was had! 🧠🎲 #PuzzleClub #KS3Fun #BBSChallenge



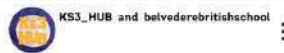
♟️🧠 We had so much fun at Chess Club today! Minds were sharp, strategies were tested, and new moves were mastered! 🧠🎲 Ready to level up your game? 🧠🎲 #ChessClub #StrategicMinds #BBSFun



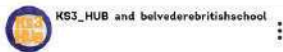
📄📄 Folding origami was a real adventure with the Origami Club today! From paper cranes to cute little frogs, our creative KS3 students transformed simple paper into amazing art! 📄📄 #OrigamiClub #CreativeMinds #BBSArtsy



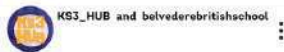
🧠🎲 Puzzle this! 🧠🎲 #PuzzleClub #KS3Fun #BBSChallenge



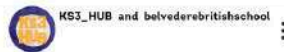
🎨📄 Creativity and color were in full bloom at the Mindful Arts & Colouring Club today! Our KS3 students used vibrant colors and their imaginations to create beautiful artwork. 🎨📄 What a brilliant way to unwind and express your creativity! 🎨📄 #MindfulArts #CreativeMinds #BBSArtsy



🎨📄 Our students are the world's brightest! 🎨📄 At the Mindful Arts & Colouring Club, we saw how creativity and colour can lift spirits and bring joy. Keep adding colour to your world and let your imagination shine! 🎨📄 #Colour #MakeTheWorldABetterPlace #BBSArtsy



🧠🎲 At BBS, we love strategic thinking! 🧠🎲 Whether it's solving puzzles, playing board games, or tackling challenges, our KS3 students are always sharpening their minds and skills. 🧠🎲 Outside the classroom, keep challenging and keep growing! 🧠🎲 #CriticalThinking #StudentLeaders #BBSChallenge



📚📚 For every question solved and every problem tackled, there's a new step closer to becoming the next Maths Master! 📚📚 At BBS, we're all about learning, growing, and achieving. 📚📚 Keep reading, keep exploring, and let your brilliant ideas shine through! 📚📚 #MathsDaily #FutureStars #MathsMasters



SECONDARY DEPARTMENT



🏆 Big Congrats to Ms. Nash, the Belvedere Blazes, and the Asphalt Dusters!

We are thrilled to celebrate the amazing achievements of our two outstanding teams—the Belvedere Blazes and the Asphalt Dusters—at the Formula Ethara National Championships! With the dedicated mentorship of Ms. Nash as team coordinator, both teams raced their way to phenomenal success.

A huge round of applause to the Belvedere Blazes, who roared into an impressive 4th place overall, competing against 48 teams for the top spot! 🏆 And let's not forget the Asphalt Dusters, who sped their way into the top 10, securing a fantastic 10th place finish!

Well done to both teams and to Ms. Nash for their hard work, dedication, and incredible performances! We can't wait to see where your creativity and teamwork take you next!





SECONDARY DEPARTMENT



Year 7 Students Explore the Microscopic World!

This week, our Year 7 students had the exciting opportunity to participate in a microscopy practical, diving into the fascinating world of cells. Under the guidance of their science teacher, students carefully mounted a thin layer of onion cells onto glass slides and observed them under the microscope.

Through this hands-on activity, students were able to view the detailed structure of the cells, including the cell wall, cytoplasm, and nucleus. It was a wonderful learning experience that brought their biology lessons to life, sparking curiosity and engagement with the microscopic world.

Well done to all our budding scientists for their focus and enthusiasm during this practical!



HEALTH AND SAFETY DEPARTMENT

SAFETY Check



Dear Parents,
Please be aware that we will be monitoring the students bag weight on a bi-weekly basis to ensure that their bag doesn't exceed the weight limit to avoid adverse effects on their spine and body.

In adherence to Health and Safety ADEK Policy. A student's school bag shall not exceed 5-10% of a child's body weight when packed (considering individual factors such as the student's overall health, physical strength, and any existing health conditions) as per Table 1. Maximum Backpack Weight Limit per Grade.

Table 1. Maximum Backpack Weight Limit per Grade

Grade/Year	Max. Backpack Weight*
KG1 / FS2	Not exceed 2 kgs
KG2 / Year 1	
Gr 1 / Year 2	
Gr 2 / Year 3	
Gr 3 / Year 4	Not exceed 3 to 4.5 kgs
Gr4/ Year 5	
Gr 5 / Year 6	
Gr 6 / Year 7	Not exceed 6 to 8 kgs
Gr 7 / Year 8	
Gr 8 / Year 9	
Gr 9 / Year 10	
Gr 10 / Year 11	Not exceed 10 kgs
Gr 11 / Year 12	
Gr 12 / Year 13	



*Maximum school bag weight was calculated based on the American Chiropractic Association (ACA) recommendations.



HEALTH AND SAFETY DEPARTMENT

COMPREHENSIVE SCHOOL SCREENING

Introduction

Screening children at a young age helps detect growth and developmental failures against well-known milestones. Children up to four years old are seen at different clinics as per DOH Standard Well Child visits (0-6 years). However, once the children join schools, parents may not find it easy to follow the required guidelines. Therefore we offer a possible solution here.

Our school clinic offers such screening for you if you would like us to do it.

Objectives

Identify students who have or are at risk of developing physical or mental health problems such as autism, ADHD and other mental issues

Confirm and update the medical history profile of students after screening

Alert parents/guardians to address their children's health risks

Refer children to specialized professionals for follow-up providing preference to the nearest AHS health centre

Support school nurses in identifying the individualized quality health care plan to students

Time and process of screening

All consent forms shall be distributed to students prior to the screening date and provided to Maqtaa Health Care Centre with approval from parents Support referral of students with positive screening results for further investigations and follow-up

Payment

As per the standard; eligibility for reimbursement under the Health Insurance scheme is as follows:

- For UAE Nationals, payment is covered under Thiqa scheme Preventative Care;
- For Non-Thiqa insurance card it is 200 Dhs

The Well-Child visits for ages 3, 4 and 5 (kg 1 and kg2) shall cover:

- Head-to-toe physical examination and review of medical history
- Calculation of Body mass index
- Visual Acuity test
- Hearing test
- Complete blood count/Anemia screening

Payment

Free of charge for Thiqa and Non-Thiqa (Children should be below 6 years at the time of screening)

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للصحة العامة

Clinic Reminder!

Directives for conducting School Screenings for Private and Charter school students in the Emirate of Abu Dhabi

As part of the continuous efforts of the Abu Dhabi Public Health Centre to provide the highest levels of health care and maintain the health of community members, especially the health of school students, we would like to recall and emphasize the procedures that must be followed to implement the school screening program for school students in Private and Charter schools in Abu Dhabi.

** We will also be hosting a Parents' awareness session:

- Attendees: **Student's Parents**
- Date:
 - **19 September 2024 (1 st session)**
 - **30 January 2025 (2nd refresh session)**
- Timing: **10:00 am – 11:00 am**
- Link: **[Join the meeting now](#)**
- Language: **English and Arabic**
- Invitation and Agenda: **[Click here](#)**

** We encourage you to check the brochure of the Comprehensive Screening 2024-2025: **[Click here](#)**

(You can also see it in the next page)

** The screenings will be free for Thiqa holders. For students/parents who are non-Thiqa holders, SEHA has a special offer priced at AED 200.

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Comprehensive School Screening FOR STUDENTS

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Healthy Student, Healthy community

Ambulatory Healthcare Services, a SEHA Healthcare Facility, a subsidiary of PureHealth, in cooperation with the Emirates Schools Establishment (ESE), Department of Education and Knowledge (ADEK), the Department of Health - Abu Dhabi (DOH) and Abu Dhabi Public Health Center (ADPHC), aim to assess the health status of students through Comprehensive School Screening, in order to detect diseases and treat them promptly. The screening covers students in KG1, KG2, and grades 1, 5, and 9, (or the equivalent grades in the schools that follow the British curriculum - years system)



What is a Comprehensive School Screening?

It is a preventive program that includes several medical tests which aim to identify students at risk of developing health problems. The screening program includes physical examination, spinal curvature assessment, blood test, dental screening, vision and hearing tests, body mass index measurement and depression screening. In case of any suspected health problem, the parents shall be notified for referral and appointment with the concerned physician.

When and where will the Comprehensive School Screening of students be conducted?

Screening services will be conducted by the mobile clinics or by a visiting team during the schools academic year.

What does the Comprehensive School Screening entail?

General Clinical Examination

A complete physical examination will be conducted, including examination of the heart, spinal curvature assessment and calculation of the student's BMI. Any abnormality in spine curvature is considered a serious health problem requiring immediate medical intervention.

Body Mass Index

The test is done by taking the height and weight of the student to see if he/she is suffering from obesity or thinness.

Blood Pressure Test

Checking vital signs including measuring blood pressure to rule out hypertension among children.

Vision Test

The student's vision will be tested to check his/her eyesight.

Hearing Test

The hearing test is done by using an electronic audiometer device in a sound proof/closed area that measures the student's hearing abilities. Delay in identifying hearing problems will cause delay in communication skills and academic performance.

Dental Examination

The dentist will examine and clean the student's teeth. Sealing and fissure sealant will be done during the same visit. Ignoring the student's oral health might affect his/her nutritional intake, academic performance and social relationships.

Blood Test

Students will be required to give a blood sample to test the level of hemoglobin. The decrease in the hemoglobin level (anemia) might lead to deterioration in academic performance due to dizziness, confusion and a decrease in the student's level of concentration.

Depression Screening

Depression Screening will be offered to all students in grade 9. It includes a questionnaire given to each student to be answered individually. The questionnaire includes 5 multiple choice questions and will take approximately 5 minutes to complete. The results will be immediately available and will indicate the probability of having depression. This screening test needs diagnostic tests later to confirm the result.

What is required from the student's guardian?

- 1 - Signing the consent form.
- 2 - Submitting the following document:
 - Copy of a valid UAE ID (front & back)
- 3 - Follow up with the referred physician.

* In the case the student is using a hearing aid and/or eyeglasses, please ensure that he/she brings them on the day of screening.



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طالب معاني: مجتمع صحي

انطلاقاً من الدورين على صحة جبل تمسك، تقوم الخدمات الطبية لخدمة إحدى منشآت شركة أبوظبي للخدمات الصحية "صحتي" التابعة لمجموعة "أبوظبي" بالتعاون مع مؤسسة الإمارات للتعليم المدرسي ومركز أبوظبي للصحة العامة، دائرة التوعية والصحة وبالرعاية الصحية "أبوظبي" بإجراء الفحص المدرسي الشامل بهدف الكشف المبكر عن الأمراض التي قد تؤثر على صحة الطلاب وتحسينهم الدراسي، والذي يهدف إلى الكشف المبكر عن الأمراض. يتم إجراء الفحص لطائفة أوسع من الفئات، وتشمل الفحص والتطعيم والتطعيم والتطعيم (أو ما يعادلها) في المدارس التي تتبع المعاهد لبرنامج - نظام المنهج.



ما هو الفحص المدرسي الشامل؟

هو برنامج وقائي يتم من خلاله إجراء عدة فحوصات من قبل فريق طبي متكامل (طبيب عام، طبيب أسنان، فني مختبر وممرضين) وذلك لاكتشاف المشاكل الصحية مبكراً. يشمل الفحص: الفحص الطبي العام والذي يشمل الكشف عن سلامة العمود الفقري، فحص النظر، فحص السمع، حساب مؤشر كتلة الجسم، تحليل الدم وفحص الدم والسكر، والفحص الاستثنائي للكتابة سيتم إيداع الفحص في حال الاشتباه بأي حالة مرضية، وتحويل الطالب إلى الطبيب المختص.

أين ومتى يتم الفحص المدرسي الشامل للطلاب؟

يتم فحص داخل العام الدراسي في أحد الأوقات التالية:
العيادات الطبية المتنقلة أو من خلال فريق طبي ميداني داخل عيادة المدرسة.

ماذا يتضمن الفحص المدرسي الشامل؟

يتضمن الفحص المدرسي الشامل الفحوصات التالية:

الفحص الطبي العام

يقوم الطبيب بإجراء الفحص العام والذي يشمل فحص القلب، للتأكد من انتعاش الطبيعي للعمود الفقري وحساب مؤشر كتلة الجسم، مقياس سبيل المناعة. يعتبر إرتداد غير طبيعي للعمود الفقري حالة صحية تتطلب متابعة والتدخل المبكر.

فحص مؤشر كتلة الجسم

يتم قياس وزن وطول الطلاب لتحديد ما إذا كان الطالب يعاني من الوزن الزائد أو النحافة حسب العمر والجنس.

قياس ضغط الدم

يتم تقييم المؤشرات الحيوية ومن ضمنها أخذ قراءة ضغط الدم للتأكد من عدم وجود علامات قد تدل بوجود حالة ارتفاع ضغط الدم عند الأطفال.

فحص النظر

يتم إجراء فحص نظر الطلاب للتأكد من قوة البصيرة.

فحص السمع

سيتم لفحص باستخدام جهاز فحص السمع الإلكتروني والذي يقيس شدة الصوت التي يسمعها الطالب على السمع. إن ضعف السمع قد يؤدي إلى تأخر مهارات الاتصال ولدي التحصيل الأكاديمي.

فحص طبي شامل للأسنان

يقوم طبيب الأسنان بفحص وتقييم أسنان الطلاب ووضع خطة وقائية للحماية من التسوس. إن مشاكل الأسنان قد تؤثر في نوعية الطلاب وتحصيلهم العلمي وعاداتهم الغذائية.

فحص الدم

يتم أخذ عينة دم من أطباء لقياس نسبة الهيموغلوبين في الدم، إن الانخفاض في نسبة الهيموغلوبين (فقر الدم) قد يؤدي إلى مشاكل صحية مثل عدم القدرة على التركيز وتحتوي التحصيل الأكاديمي للطلاب.

الفحص الاستثنائي للاكتئاب

سيجري الفحص الاستثنائي للاكتئاب لجميع الطلاب في نصف التاسع، ويخصص استبياناً يُعطي لكل طالب توجيهات عليه بتسجيل فردي. يتضمن الاستبيان 9 أسئلة متعددة الاختيارات وسيستغرق إكمال حوالي 5 دقائق. ستكون النتائج متاحة على الفور للطبيب وسيتم تحويل أي مشكلة إضافية إلى طبيب الصحة العامة بالكتابة. يخرج هذا الفحص الاستثنائي إلى اختبارات نفسية لاحقاً لتأكيد النتيجة.

دور ولي أمر الطالب؟

- 1- توفير الإقرار بعدم المعالجة بإجراء الفحص المدرسي الشامل.
- 2- إرسال الوثائق التالية:
 - صورة بطاقة الهوية من الأمام والخلف.
 - لمناقشة مع الطبيب المختص في حال إلتحق من قبل.
- 3- وجود مشكلة صحية لدى الطالب.

في حال استخدام الطالب نظارة طبية أو سماعة للآذان إرفاقها مع الطالب يوم الفحص.

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